

MEADOWS®

Behavioral Healthcare

Admissions: 866-352-2075 | MeadowsBH.com

Our highly trained admissions specialists will work hard to obtain the maximum benefits allowed by a patient's carrier.

RESIDENTIAL TREATMENT AT-A-GLANCE

RELATIONAL TRAUMA

The Meadows
Wickenburg, Arizona
TheMeadows.com
Detox | Inpatient | 45 days

Population/Issues Treated:

- Adults (male and female)
- Emotional trauma/PTSD
- Substance use disorders
- Mood disorders/co-occurring conditions
- Process/behavioral addictions
- Codependency

In-network Providers:

- First Health
- Multiplan/PHCS/HMN/AMN/RAN
- TRICARE
- TriWest Healthcare Alliance/WPS
- PNOA

EATING DISORDERS

The Meadows Ranch
Wickenburg, Arizona
MeadowsRanch.com
*Critical Care | Detox | Inpatient
Residential | PHP | 45-60 days*

Population/Issues Treated:

- Adolescent girls ages 8-17
- Adult women
- Eating disorders
- Emotional trauma
- Substance use disorders
- Co-occurring conditions

In-network Providers:

- Aetna
- Blue Cross Blue Shield
- Beacon Health
- Cigna
- First Health
- Humana
- Multiplan/PHCS/HMN/AMN/RAN
- Optum/United Healthcare
- Qual Choice
- TRICARE
- PNOA
- MHN/Ambetter/Healthnet

ADDICTION

The Meadows Texas
Princeton, Texas
TheMeadowsTexas.com
Detox | Residential | 30 days

Population/Issues Treated:

- Adults (male and female)
- Substance use disorders
- Cross addictions
- Trauma
- Co-occurring conditions

In-network Providers:

- Aetna
- Blue Cross Blue Shield
- Cigna
- EVRY
- First Health
- Magellan
- Optum/UBH
- TriWest Healthcare Alliance

YOUNG ADULTS

Claudia Black Young Adult Center
Wickenburg, Arizona
ClaudiaBlackCenter.com
Detox | Inpatient | 45 days

Population/Issues Treated:

- Males and females ages 18-26
- Emotional trauma/PTSD
- Substance use disorders
- Process addictions
- Mood disorders/co-occurring conditions

In-network Providers:

- First Health
- Multiplan/PHCS/HMN/AMN/RAN
- TRICARE
- TriWest Healthcare Alliance/WPS
- PNOA

RESIDENTIAL TREATMENT AT-A-GLANCE

LUXURY REHAB

The Meadows Malibu
Malibu, California
MeadowsMalibu.com
*Detox | Residential
Individualized length of stay*

Population/Issues Treated:

- Adults (male and female)
- High-profile professionals
- Substance use disorders
- PTSD
- Co-occurring conditions
- Process addictions

In-network Providers:

Ability to work with out-of-network benefits

SEXUAL ADDICTION

Gentle Path at The Meadows
Wickenburg, Arizona
GentlePathMeadows.com
Detox | Inpatient | 45 days

Population/Issues Treated:

- Adult men
- Sexual addiction
- Intimacy disorders
- Emotional trauma/PTSD
- Substance use disorders
- Mood disorders/co-occurring conditions
- Attachment disorders

In-network Providers:

- First Health
- Multiplan/PHCS/HMN/AMN/RAN
- TRICARE
- TriWest Healthcare Alliance/WPS
- PNOA

WOMEN'S RECOVERY

Willow House for Women
Wickenburg, Arizona
WillowHouseforWomen.com
Detox | Inpatient | 45 days

Population/Issues Treated:

- Adult women
- Intimacy disorders
- Sexual addiction/love addiction
- Emotional trauma/PTSD
- Sexual trauma
- Substance use disorders
- Relationship issues
- Mood disorders/co-occurring conditions
- Attachment disorders

In-network Providers:

- First Health
- Multiplan/PHCS/HMN/AMN/RAN
- TRICARE
- TriWest Healthcare Alliance/WPS
- PNOA

ADOLESCENTS

The Meadows Adolescent Center
Wickenburg, Arizona
MeadowsAdolescent.com
Detox | Inpatient | 90 days

Population/Issues Treated:

- Teen boys ages 13-17
- Developmental trauma
- Substance misuse
- Attachment issues (adoption, divorce, loss of a parent)
- Addiction (gaming, social media)
- Family discord
- Co-occurring conditions

In-network Providers:

Ability to work with out-of-network benefits

ACUTE CARE

Spero Center
Wickenburg, Arizona
SperoCenterMeadows.com
*Inpatient | Individualized
length of stay*

Population/Issues Treated:

- Adults (male and female)
- Recent manic episode
- Recent suicide attempt
- Recent episode of substance-induced psychosis
- Current suicidality or suicide risk (not requiring a higher level of care)
- Ongoing medication changes (requiring closer observation due to possibility of destabilization)
- Complicated substance detox

In-network Providers:

Ability to work with out-of-network benefits

OUTPATIENT SERVICES AT-A-GLANCE

INTENSIVE OUTPATIENT

Scottsdale, AZ | Denver, CO
Silicon Valley, CA | Las Vegas, NV
Dallas, TX | Austin, TX
Houston, TX
MeadowsOutpatient.com
8 Weeks | 4+ days per week,
3 hours per day

PHP*

Scottsdale, AZ | Denver, CO
Silicon Valley, CA | Dallas, TX
Austin, TX | Houston, TX
MeadowsOutpatient.com
4 Weeks | 5 days per week,
5-6 hours per day

*Please call our Admissions
Specialists to confirm PHP
in-network providers.

Population/Issues Treated:

- Adults (male and female)
- Trauma
- Substance use disorders
- Mood disorders/co-occurring conditions
- Process addictions
- Sexual addiction
- Codependency and control issues

IOP In-network Providers:

Scottsdale, Arizona

- Aetna
- Blue Cross Blue Shield
- Beacon Health
- Cigna
- First Health
- Humana
- Multiplan/PHCS/HMN/AMN/RAN
- Optum/United Healthcare
- TRICARE
- TriWest Healthcare Alliance/WPS
- PNOA
- Magellan
- MHN/Ambetter/Healthnet

Denver, Colorado

- Aetna
- Cigna
- TRICARE
- TriWest Healthcare Alliance

Silicon Valley, California

- Anthem BC
- Blue Cross Blue Shield
- Aetna
- Kaiser
- First Health
- Cigna
- Blue Shield of California
- Magellan
- TRICARE
- TriWest Healthcare Alliance

Las Vegas, Nevada

- Aetna
- Cigna
- Optum/United Healthcare
- TRICARE
- TriWest Healthcare Alliance

Dallas, Texas

- Aetna
- Blue Cross Blue Shield
- Cigna
- EVRY
- First Health
- Magellan
- Optum/United Healthcare
- TRICARE
- TriWest Healthcare Alliance

VIRTUAL IOP

Arizona | California | Colorado
Indiana | Nevada | Texas
Wyoming
MeadowsVirtual.com
Virtual IOP | 8 weeks

Population/Issues Treated:

- Adults (male and female)
- Trauma
- Substance use disorders
- Mental health conditions
- Depression
- Anxiety
- Process addictions
- Co-occurring conditions

In-network Providers:

In-network providers are the same as our in-person outpatient centers. We also have the ability to work with out-of-network coverage and accept private pay.

INTENSIVE WORKSHOPS

Rio Retreat Center
Wickenburg, Arizona
RioRetreatCenter.com
2-5 days | Ability to customize
length of specialty workshops

Workshops We Offer:

- Emotional trauma
- Relationships
- Personal growth
- Professional development
- Private intensives

In-network Providers:

Most workshops are eligible for reimbursement through most insurance plans.

Contracts are being added regularly. For the most up-to-date list of in-network providers, visit MeadowsBH.com/insurance/ or contact our Admissions Team at 866-352-2075 to verify coverage.

ABOUT MEADOWS BEHAVIORAL HEALTHCARE

A LEADING NATIONAL PROVIDER OF BEHAVIORAL HEALTHCARE SERVICES

A leader in the industry, Meadows Behavioral Healthcare is a network of specialized programs including residential and outpatient treatment for drug and alcohol addiction, trauma, eating disorders, sexual addiction, behavioral health conditions, and co-occurring disorders, as well as a whole range of workshops and standalone Brain Centers offering state-of-the-art neurofeedback and other services. Our evidence-based approach is rooted in decades of clinical experience, with more than 45 years in the treatment field.

RESOURCES

ALUMNI PROGRAM

MBHOnward.com

MBH Onward exists to provide alumni of all MBH programs with ongoing resources and community to empower them to continue the work they began during treatment. Weekly support groups, regular events, and annual gatherings are just the beginning. Our recovery app just for MBH alumni puts community, connection, and resources at your fingertips 24-7. You'll find inspiration, practical tips, articles, engagement, and accountability – all from a community who “gets it” because they’ve been there.

PODCASTS

MeadowsBH.com/podcast

Powered by Meadows Behavioral Healthcare, the *Beyond Theory* and *Recovery Replay* podcasts both offer a supportive recovery community where we can learn from the experts, find inspirational stories, and help break the stigma associated with mental health and addiction treatment.

MEADOWS BOOKSTORE

TheMeadowsBookstore.com

The resources available in our bookstore contain valuable information, helpful tools, and inspiring stories from our Meadows Senior Fellows and other trusted experts. We carefully select books, CDs, and DVDs that we believe will enhance your recovery journey.



SENIOR FELLOWS

The Meadows Senior Fellows are some of the nation's top trauma and addiction recovery experts who provide ongoing direction, consultation, and training for our staff. They work together to ensure that The Meadows Model is the most clinically comprehensive treatment approach available today.

Additionally, they have developed many of the intensive workshops offered at Rio Retreat Center and advised the creation of our state-of-the-art Brain Centers, which feature neurofeedback and other brain regulation services.